

# Arthog 2026

Wednesday 4<sup>th</sup> Feb – Friday 6<sup>th</sup> Feb

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# What will the children be doing?

- The nightline
- The nightwalk\*
- Canoeing or kayaking
- Climbing/Scrambling\*
- Team games – on arrival
- Gorgewalking

\*weather dependent



# Timings

Church St, Ruyton-XI-Towns, Shrewsbury SY4 1LA

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Depart at 9.15am from St John the Baptist primary school in Ruyton on Wednesday 4<sup>th</sup> February.

Return at 2.30/3pm to St John the Baptist primary school in Ruyton on Friday 6<sup>th</sup> February (timings updated via Class Dojo on Friday afternoon)







































# Packing

- They need to have plenty of clothes
- When it is cold, children need to wear layers.
- Pack plenty of t shirts (ideally long sleeved and at least 5)
- 4 or 5 hoodies/sweatshirts/fleeces
- Pack plastic bags for wet clothes.
- Pack spare hats and spare gloves – wet gloves will not dry there quickly enough.
- Arthog will provide good waterproof kit, good boots and rucksacks.
- Pack wellies, but if you don't have them, there are plenty there.



Do not pack:

phones

tablets

cameras

or any other electronics.





Please make sure  
your child knows how  
to put on a duvet,  
sheet and pillow slip.





There is plenty to eat.

Breakfast and dinner will be had at Arthog.

Warm foods are usually served for lunch when it's cold and the children will eat this in the children's common room.

If there is a food allergy we are not aware of, or if your child will not eat certain things, please tell us before we go.



# Sweets and biscuits

Please do not feel the need to send these.

The children get plenty to eat.

If you are sending some, then a single pack is sufficient (nothing containing nuts)





No sprays please.



They set off the  
smoke detectors.

Send roll ons.



Please pack a torch.





# Medical

Asthma –If your child has an inhaler in school they can bring this home with them on Tuesday night and then take it with them to Arthog. Please remember to return it to school on the Monday morning!

All medicines, including travel sickness tablets, will need a completed medical form.



## 'Hand luggage'

Children will need a rucksack in which they will have:

- a leakproof water bottle
- a packed lunch
- a coat
- hat and gloves.
- (inhaler and spacer)



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