

# PSHE Planning – Bicton CE Primary School

## Question based Approach through PSHE Association

### Relationships/Health and Wellbeing/Living in the Wider World

|   | Autumn 1   | Autumn 2                                     | Spring 1  | Spring 2   | Summer 1   | Summer 2   |
|---|--|--|---|--|--|--|
| <b>Reception / Year 1</b><br><br>THIS CYCLE REPEATED EVERY YEAR | What is the same and different about us?   | Who is special to us?                        | What helps us stay healthy?   | What can we do with money?   | Who helps to keep us safe?                       | How can we look after each other and the world?  |
| <b>Year 2</b>   | What makes a good friend?  | What is bullying?                            | What jobs do people do?   | What helps us to stay safe?  | What helps us grow and stay healthy?             | How do we recognise our feelings?                |
| <b>Year 3</b>   | How can we be a good friend?   | What are families like?                      | What makes a community?   | What keeps us safe?  | Why should we eat well and look after our teeth? | Why should we keep active and sleep well?        |
| <b>Year 4</b>   | How do we treat each other with respect?   | How can we manage risk in different places?  | How can we manage our feelings?   | How can our choices make a difference to others and the environment? | How will we grow and change?                     | What strengths, skills and interests do we have? |
| <b>Year 5</b>   | What makes up a person's identity?   | How can we help in an accident or emergency? | How can friends communicate safely?   | How can drugs common to everyday life affect health?                 | What decisions can people make with money?       | What jobs would we like?                         |
| <b>Year 6</b>   | How can we keep healthy as we grow? What will change as we become more independent?<br><br><b>RSE to be taught using Respect – Y5 &amp; Y6</b> |  | How do friendships change as we grow?<br>What will change as we become independent? |  | How can the media influence people?              |  |

In all classes – The teaching cycle will repeat each year, regardless of the Whole-School Planning Cycle. For example, a class of Y3/4 pupils will be taught all Y3 units and Y4 units – the reason for this is to develop a spiral approach to the topics. Teachers should be mindful to use different resources each year. This may mean that pupils repeat 'Questions' in two years running, however, their learning in the subject matter or the depth of their knowledge should be increased, and therefore their responses should be fuller and more mature.