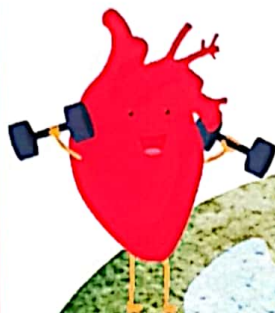


WORLD HEART DAY

Foods for a healthy happy heart



Beef & Baked Bean Chilli

or *Jacket with cheese*

SERVED WITH...

50/50 Rice

Potato Wedges

Broccoli

Peas

FOLLOWED BY...

Heart Jammy

Biscuits

Seasonal

Fruit Salad



Fresh DINING

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