



Bicton C of E Primary School and Nursery

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Head teacher: Mrs Natalie Johnson BA (Hons)

February 2023

Year 5 & 6 Arthog Residential Visit: 16th – 18th June 2023

Dear Parents /Guardians,

As you are already aware, we have arranged a residential visit to Arthog in June. This will provide Year 5 and 6 pupils with the opportunity to become more independent, resilient and self-confident and help them face the challenges ahead when they start secondary school.

We hope as many children as possible will be able to go to Arthog, as we know it will provide them with life-long memories. Please note, however, that we expect the highest standard of behaviour from our pupils whilst we are at Arthog, just as we do in school. We therefore reserve the right to withdraw a child's place on the visit prior to departure, if we have any concerns that their behaviour might affect the safety and enjoyment of others.

The cost of the visit is £180 per pupil and the offer will appear on Squid on Monday. It can be paid in instalments but must be paid in full no later than Friday 5th May.

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The following information will be sent out again nearer the time of the visit but is provided now to help answer some of the questions you may have

Activities

We will be travelling by coach, leaving school at 9:15 am on Friday 16th and arriving back at school at approximately 6:00 pm on Sunday 18th June. The Friday afternoon will be spent on Fairbourne beach and activities during the visit will include the following (weather-dependant): nightline at the Centre, sit on top kayaking,/canoeing, rock climbing and gorge scrambling. We will also walk to Barmouth for ice-creams and beach games on the Saturday evening, dependant on the weather. The children may also have the chance to buy souvenirs from the Centre Shop.

If children bring money, it should not exceed £15 and they will be responsible for keeping it safe.

Illness/Behaviour

If any illness was to occur while at Arthog, parents / guardians must be able to fetch children from Arthog immediately. The same collection arrangement applies to any child not complying with instructions from an adult or deemed to be misbehaving.

Safeguarding

Pupils' mobile phones are not permitted at Arthog. Cameras can be taken but cannot be used in the dormitories or indoors. School staff taking part in the visit will include myself and Mr Andrews. Children are split into three/four groups for activities with at least one member of staff in each group.

Arthog Kit List Information (see next page)

Whatever your child might tell you, they do not need brand new tracksuits, trainers or anything else new! Old, casual, warm clothes are recommended for Arthog use – they will get dirty and potentially damaged.

For some activities, we wear lots of layers of clothes. If clothes get wet, they can be dried in the drying room. Children are encouraged to reuse dried worn clothes!

The kit list can be used as a checklist to tick off items as they are packed in the case / bag. Your child will be responsible for their own bag and its contents. It is helpful if they assist in the packing so that they see what they are taking with them and learn how to pack for coming home.

Please **write your child's name on as many things as possible** – lots of things get left behind each week at Arthog.

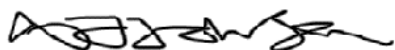
Mobile phones, music players, computer games or jewellery are not permitted. For health and safety reasons, aerosols or other sprays are not permitted; roll on and stick deodorants are fine.

Arthog will provide waterproof jackets, waterproof over-trousers, walking boots and a rucksack but your child will need their own waterproof coat for the Friday afternoon for when we are on the beach.

Remember to pack a **single bottom sheet, duvet cover and pillowcase** – NOT a sleeping bag. Please ensure your child practises making a bed and fitting a duvet cover before they arrive!

If you have any questions, or wish to discuss anything regarding the visit, please do not hesitate to contact me.

Kind regards



Mrs Natalie Johnson
Head teacher

Arthog Kit List – 2023

Please **write your child's name on as many things as possible.**

Your child will be responsible for their own bag and its contents. It is helpful if they assist in the packing so that they see what they are taking with them and learn how to pack for coming home.

Item	Tick
Single bed sheet, duvet cover & pillowcase NOT a sleeping bag. Please ensure your child practises making a bed and fitting a duvet cover before they arrive!	
Waterproof jacket (for the Friday afternoon)	
Sun hat / cap	
5 x t-shirts or thin long-sleeve tops	
4 x sweatshirts / hoodies / fleece tops	
5 x sets underwear	
4-5 x joggers / tracksuit bottoms / leggings (jeans are NOT suitable for activities)	
5-6 pairs of socks (at least 1 thick pair)	
Warm hat / beanie (for evening activities)	
Gloves (depending on weather)	
2 x pairs trainers (one will get wet/muddy so the older the better)	
Beach shoes / Crocs / old trainers that can be worn on the beach and can get wet	
Wellies (can be borrowed from Arthog to save you buying)	
Pyjamas and dressing gown (if you have one)	
Slippers / Crocs / flip flops (NO bare feet allowed in the Centre)	
Swim wear (for water-based activities)	
Shorts	
2 x towels (1 for the beach)	
Wash bag, shower gel and shampoo	
Toothbrush and toothpaste	
Roll-on/stick deodorant (No aerosols or body sprays are permitted because of smoke sensors)	
Hairbrush / comb and hair bands (long hair MUST be tied back for rock climbing)	
1 litre plastic/metal drinks bottle suitable for refilling (labelled with child's name)	
2 x bin bags for wet clothes and footwear	
Insect repellent / wipes	
Sun cream / lotion (labelled with child's name)	
Disposable camera - Optional (Staff will be uploading photos to the school website)	
Money for ice creams or souvenirs (£15 max) – Optional but child is responsible for it	
Packet of biscuits – Optional – (nothing containing nuts)	
Sweets (not too many!) – Optional	
Medication if applicable (separate permission forms will be sent out after Easter)	
Arthog will provide waterproof jackets, waterproof over-trousers, walking boots and a rucksack but your child will need their own waterproof coat for the Friday afternoon.	