

Dear Parent,

Following the recent successful installation of an Automated External Defibrillator (AED) at Bicton CE Primary School, Heartstart Midlands will be hosting a course at the school on Monday 19th September in CPR and the use of a Defibrillator (AED).

Course: Basic Life Support (CPR & AED)

Date: 19th September 2016

Time(s): 13:30 – 15:00

Venue: Bicton CE Primary School

We would like to extend the invitation to attend the free course to parents and friends of the school, where individuals attending the course will have the opportunity to learn how to recognise when an individual requires Basic Life Support, and how to perform CPR and use an Automated External Defibrillator correctly.

There is no cost to attend this course, and will last approximately 90 minutes with time to practice all of the skills learnt in the training session using our simulation equipment. Skills learnt in this session are crucial to ensuring that anyone in cardiac arrest (where the heart stops working normally and the individual stops breathing) has the best chance of survival possible. Recent research has indicated that for every minute someone is in cardiac arrest, without CPR and use of a Defibrillator, their chances of survival are likely to decrease by 10%.

If you are interested in attending the course, please contact the school reception on 01743 850212 so that we can provide adequate staffing and equipment based upon the volume of interest shown.

Yours Faithfully,



Chris Phillips

Director

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